

## Ways to Make 7<sup>th</sup> Tradition Contributions at Our Zoom or Phone Meetings

Each group is autonomous in the way it chooses to collect and make 7<sup>th</sup> Tradition contributions to OA service bodies. Each member is autonomous in the way he or she makes voluntary contributions. Since service bodies still have regular expenses as they do their important work to carry the message to the compulsive eater who still suffers, the Brandywine Intergroup is making **2 suggestions** for members and groups to continue to be self-supporting through our own contributions.

### Suggestion 1

If a group treasurer feels comfortable doing so, he/she can:

1. Supply their full name and address to the members who can send a check made out to the treasurer for their 7<sup>th</sup> tradition contribution.
2. The treasurer would then cash the check and using the guidelines of maintaining a prudent reserve for future expenses, make disbursements to the service bodies listed below as they have done in the past.

Treasurers are entitled to reimbursement for postage incurred in doing this service. 3. Make the 7<sup>th</sup> Tradition announcement weekly, but encourage members to send their contributions monthly to the treasurer.

### Suggestion 2

If there isn't a treasurer willing to take on the above responsibilities and/or an individual prefers to make the contributions to OA service bodies on their own, they can do so by following the guidelines below or make their contributions in any proportion they desire. When making a personal contribution to a service body, please consider the prudent reserve needs of the meetings you attend, and if you desire, please include the name and number of your meeting as indicated on the chart below.

Service Body Address	Suggested Portion of Donation-include meeting #
Brandywine Intergroup P.O. Box 605 Bryn Mawr, Pa 19010-0605	60%
WSO P.O. Box 44727 Rio Rancho, NM 87174-4727 Or directly at OA.org	30%
Region 7, Inc. Annmarie Trost 134 Shawn Circle Staunton, Va 24401 Or directly at OARegion7.org	10%

	Meeting #	Location	Meeting #	Location	Meeting #	Location	Meeting #	Location
<b>SUNDAY</b>	36924	Malvern						
<b>MONDAY</b>	45641	Boyertown	40813	Collegeville	48016	King of Prussia	50272	Media
	00523	Overbrook	33668	Radnor	31567	West Chester		
<b>TUESDAY</b>	10792	Royersford	46488	West Chester				
<b>WEDNESDAY</b>	56333	West Chester	41247	Bala Cynwyd	23940	Devon	51266	East Norriton
<b>THURSDAY</b>	00495	Frazer						
<b>FRIDAY</b>	40695	Malvern	38330	North Coventry	23889	Valley Forge		
<b>SATURDAY</b>	49758	Conshohocken	35201	Downingtown	15342	Greentree/Oaks	38495	Havertown