

Brandywine Intergroup Monthly Minutes for 9/11/2021

1. **Serenity Prayer** – Welcome: Attendance/Introductions Quorum: YES IG Mtg Reps Present: 10

Reminder: Intergroup reps (old/newly elected/standing in), please add contact info and meeting in chat.

☐	Grace G	Vice Chair/Speaker Committee/IG Co-Chair	☐	Patty W	IG Rep Monday Media & Havertown/Zoom Co-Chair
☐	Laura W	Treasure/Website Co-Chair/Blast/IG Co-Chair	☐	Mike T	IG Rep Sunday Malvern/Blast Editor
☐	Carol G	Recording Secretary/Website Co-Chair/Zoom/IG Co-Chair	☐	Mike O	IG Rep Monday WC Grove/R7 Assembly Rep
☐	Marilyn V	Ex Ex Officio Chair/WSBC Alternate	☐	Bill D	IG Rep Monday Overbrook
☐	Louisa	IG Rep Tues WC Grove & Downingtown/12th Step Within Co-Chair	☐	Anne W	IG Rep Wed Bala Cynwyd Library/R7 Assembly Rep
☐	Ann T	IG Rep Fri North Coventry/12th Step Within Co-chair	☐	David O	Guest
☐	Laura S	IG Rep Oaks			

2. **Readings** -Tradition Nine Bill D - Concept Nine - Laura W Voices of Recovery—Marilyn V

3. **Minutes** from the August 14, 2021 No meeting amendments, motion to accept
 Minutes from all Intergroup meetings can be found on the Brandywine Intergroup Website

4. **Officer Reports:**

Acting Chair – (Grace G) Carol G will take over running Intergroup Meetings for Q4 - Oct, Nov & Dec.
 Looking for volunteer to take minutes in Nov and Dec. Linda R has volunteered for October.

Vice Chair (Grace G) – IDEA Day: Saturday Nov 20, 2021. Louisa, Carol G and Grace will Co-chair. Ann T will help with flyer and Bill D will be the Zoom technical host.

Treasurer's Report (Laura W) – No expenses, some group donations received. See spreadsheet for details. Laura will remove the following meetings from the spreadsheet: Thursday Fraser and Malvern Monday and Monday Radnor.

Recording Secretary (Carol G) – No report

Corresponding Secretary (Kathy D) – Absent

5. **Group Issues and Feedback** (10 minutes)

Marilyn: where are all the people/meeting attendees? Sadly, Radnor meeting had to close after 30+ years.

Rate at which the Brandywine meetings are closing is shocking and disheartening. Brandywine Intergroup use to have close to 30 meetings and now we are close to half that many.

Anyone thoughts as to why meetings are closing and attendance is down?

Feedback & Suggestions:

Meetings are so accessible now that people may be attending alternate meetings.

Folks are “ZOOMED out” after a full-day of Zoom meetings in their work life
Meetings where the building is allowing people back in person are not getting volunteers to be part of the core, onsite team.

Marilyn will speak with Irene for her R7 contact to see if they can set up a workshop for Intergroup.

Mike O offered to take on that relationship.

The workforce has changed since C19 and jobs are becoming 12+ hours a day

Future Workshop Theme: Zoom burnout and recovery

IG Reps:

- Consider varying your meeting format.
- Make an effort to focus on new comers. Hold special, newcomers meeting before/during/after meeting.
- Reinforce that Service is a key part of recovery and the 12 Steps.
- Marilyn will contact Irene to request that Irene contact someone at R7 to see if they can run a workshop for Brandywine Intergroup on the topic of Service and Service to the Intergroup. She also suggested that Sponsors emphasis and strongly suggest to their Sponsees to do service so they can get use to service (like it was done in the past).

6. **7th Tradition Collection** (Laura W): Reminder if you haven't made a donation recently, send to the PO Box

7. **Committee Reports -**

Zoom (Carol G/Patty W):

Reformat Zoom Admin Instructions with a larger font and resend.

Zoom Etiquette Reminders:

- Review the meeting agenda and additional documents prior to the meeting
- Be on time
- Find a quiet location without distractions
- Use the video option when possible and be on camera
- Stay on mute if you are not speaking/asking questions
- Even though it may be tempting, try not to multi-task and refrain from private behaviors when on camera. If you must attend to something else during the meeting, Turn your camera off and remain on mute.
- DO NOT eat during a Zoom meeting

WSBC (Bob B) Not in attendance

Bob contacted Laura W and she is waiting to hear from Claire on Oct 3rd PI/PO Workshop for Beginners Meeting.

To attend, please contact Claire M. at (516) 509 9926 or email at:

oopipovirtual@gmail.com.

Carolyn from the Oaks meeting runs a beginners meeting. Her contact info can be found on the speakers list. The new PPT from R7 is a good overview tool to review what OA is for newcomers. The PDF is on the website. Laura W can send anyone interested the full R7 PPT document.

Website (Laura W/Carol G/Mary Frances)

In the last 30 days, the Blast has been accessed 27 x's via the website (per Google Analytics).

World Service site has the Oaks meeting listed as virtual not hybrid. Grace will submit an update.

Twelfth Step Within (Ann T/Louisa)

Tonight is part 2 in the series on Grief and Loss 90 minutes 7-8:30pm The link is on the IG website.

Part 3 of the series is November 6th from 7-8:30pm "Say Goodbye to Sadness" 15 Week Green Book Workshop – Laura w showed the book. It can be used as a 1:1 tool or in a group setting. It contains all the instructions to run the workshop. The leader should be abstinent and more than one person can run it. The notebook contains all the materials needed for the leader(s) and participants. It is a good tool for helping each other. Marilyn co-led it live and in person in the past. Prior, Marilyn and her co-leader when through it themselves prior to conducting the workshop. It's a sponsoring guide and Laura suggested it is a wonderful way to sponsor someone. Online there is a pdf to update the program to align with the current 12X12.

Speakers Bureau (Grace G) No updates/changes

Professional Outreach & Public Information (Anne W/Liz H/Diane E): No one in attendance Carol G will add to next month's agenda: Public Service Announcements investigate & using PowerPoint presentation? Tabletop Retractable Banner for PI/PO Work

Literature (Grace G): If your meeting needs literature before you order literature, you can Call Grace G. (610) 495 2173; Marilyn V (610) 324 7268 or Louisa I at (215) 796 4323 to check if Intergruop has the literature you need so you don't have to order it.

Blast & Newsletter (Mike T): 53% Open Rate – record high since this data has been captured

- Overbrook is taking the October issue of the Blast ****THANK YOU**!!!** Content due by 9/30.
- Looking for Meetings to volunteer to submit content for the November 2021 issue and beyond.
- Contributions are ALWAYS needed by the LAST DAY of the MONTH before the issue
- Feel free to reference archive issues to get a sense of how open the format is. Content should be 12 Step/OA recovery related.
- Thank you to Laura W and Devon & Wayne meeting for their contributions.
- Holidays are coming!!!. If they affect your meeting, let Mike know so he can communicate it out.

Adopt-a-Rack (Grace G) – IG Reps, please discuss at your meetings. Refer to Aug meeting notes

to view photos and dimensions.

If any Committee needs extra time for their report next month, please text/email Carol G (610-241-5724/carolgoldstein415@gmail.com) by October 1st

8. Unfinished Business –

New or Current Reps want support to know how to navigate being an IG Rep?

Text or email Carol G. (610) 241 5724

9. **New Business** - Oaks Meeting is following CDC recommended guidelines on masking. As of 9/4/2021 masks are recommended at inside gatherings

10. **Upcoming Events and Announcements:**

- a. The next meeting of the Brandywine Intergroup will be held on Saturday, October 9th, 2021.

Join Zoom Meeting

<https://us02web.zoom.us/j/86258728739>

Meeting ID: 862 5872 8739

One tap mobile

+13126266799,,86258728739# US (Chicago)

+16465588656,,86258728739# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington D.C)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 862 5872 8739

Find your local number: <https://us02web.zoom.us/j/86258728739>

- b. For current information on OA events hosted by other intergroups, check our website at brandywineintergroup.org. You can also check oaregion7.org for events that are posted throughout our region.

12. Please stay for the Speakers Meeting Immediately after this meeting

13. **Closing Prayer**