

Brandywine Intergroup Monthly Meeting Agenda Format

Today's Meeting Chair Marilyn

1. Serenity Prayer

2. Welcome - Introductions

Name	Service	Phone
Mike T.	Secretary	610-960-6853
Harriet	Minute Recorder	267-772-3059
Ann T.	Treasurer	610-405-9423
Pam H.	R7 delegate, Outreach chair, Literature chair	215-498-6305
Mary Frances	Website & Meeting list updates	302-753-3767
June D.	Event & 12 Step Within	610-247-4398
Kathy K	Rep North Coventry, Blast	610-310-8725
Noreen	Rep Sat Zoomers, Blast	610-329-2921
Marilyn	Rep Wayne, WSBC Delegate Emeritus	610-324-7268
Charlie	Rep Overbrook	610-527-0288
Connie M	Rep Havertown	610-220-5442
Nancy M.	Rep West Chester	610-324-2040
Mike H	Rep Oaks Greentree	610-247-7096

3. Readings

Tradition of the Month Marilyn

Concept of the Month Pam H

Voices of Recovery Nancy M

4. Minutes from last meeting; Approved and Accepted corrections service position listing typo WSBO corrected to WSBC.

5. 7th Tradition Collection \$0

Check sent to PO BOX was marked "return to sender" due to PO BOX lack of use. Please confirm you checks are making it to Brandywine.

Home group treasurer can disburse funds as follows:

50% Brandywine Intergroup, *check by mail PO Box 605, Bryn Mawr, PA 19010-0605

40% World Service Office (WSO) website www.Oa.org

10% to Region 7, website www.OAregion7.org

*Brandywine Intergroup does not have the capability to accept online donations.

6. Officer Reports

(a.) Treasurer - Ann T.

Starting Balance \$10,913.03

Total Income \$0.00

Total Expenses \$290.33 (Public Storage \$120.84, Zoom 169.49)
Ending Balance \$10,622.70

(b.) Secretary - Mike T.

Correspondence were bills, turned over to Ann T.

OA Rainbow request for support. Please see attached flyer and share the following appeal for support below with your meeting.

Dear Service Bodies of OA,

My name is Sharlotte, and I have the honor of serving as the acting chair of **OA Rainbow**, the Service Body dedicated to supporting our Lesbian, Gay, Bisexual, Transgender, Queer, and + members within Overeaters Anonymous. I am writing to you today with a **deep and urgent plea** from the bottom of my heart. OA Rainbow is at risk. Without support, we may be forced to disband — and with that, we risk losing a vital, affirming space within our fellowship. We are asking for your help.

Please share the attached flyer with your meetings and members. Let them know we are here. Let them know we matter. Let them know they are welcome.

Our **sessions** are open to **everyone**— you do not need to identify as LGBTQ+ to attend. OA Rainbow is a space of healing, connection, and inclusivity for all who struggle with food and body image, regardless of how they identify. If your members need translation or support accessing the meetings, please reach out. We want to meet people where they are — and help them feel seen, heard, and held. We will help if we can.

Thank you for standing with us at this moment. Your voice, your action, your support — it can make the difference.

With love and hope,

Sharlotte

Chair, OA Rainbow (she/her)

(c.) Region7 – Pam

Save the Date. R7 Outreach Committee will sponsor a zoom workshop **Saturday, September 21 from 2-4pm** where intergroups are invited to share 'how-to' information, experience and resources on various forms of outreach with each other. All are invited. More details to follow.

7. Committee Reports

- **HELP IS NEEDED FOR ALL COMMITTEES!!!!**

Please consider volunteering if you have some time, thank you for giving service to the fellowship.

a. **Website** - Mary Frances: Thanks for getting meeting list changes submitted
Request for help: 1 hour or so a month to check websites for broken links ect.

b. **Twelfth Step Within/Events** - June:
Request for help: Ideas, brainstorming
Thank you, Nancy M volunteering, to help.

Reminder: Saturday Aug 16, 12:30 Registration, 1:00-3:00pm Speakers and sharing
St. David's Episcopal Church 763 S. Valley Forge Rd. Wayne Pa.
Asking \$5 donation, don't stay away if you can't pay.

c. Outreach - Pam:
Request for help: Please contact me with suggestions of health and wellness and/or
community events in Delaware, Chester and/or Montgomery Counties where OA
outreach could be helpful.

Save the date. **Royersford Community Day Sept 6 from 10-3pm.** I will be looking
for volunteers from among the fellowship to man an OA table in two hour shifts. It's
a great way to practice the Twelfth Step and carry the OA message the still suffering
compulsive eater

d. Literature – Pam:
Region 7 journals will be available for sale at the upcoming Oct 3-4 R7 assembly and
I would be happy to purchase on behalf of Brandywine Intergroup. I will bring up
the topic for discussion and confirmation at next month's Intergroup meeting.

e. Blast - Kathy K
- **NEED A PROOF READER**
Thank you June and Noreen for volunteering to be proofreaders.
53 opened Blast newsletter this month
70+ opened last month, one from Austria!
Check out the link in the Blast, July 20th alone has quite a few events listed

f. Zoom No Report

8. New Business

a. Support for committees!

b. **Service positions still in need of volunteers**
Chair (1-year current abstinence, and 6 months service to Brandywine Intergroup
within the past 2 years.)

c. Report from Harriet re: visits to meetings
I had the opportunity to visit some meetings on our Intergroup list for the first time.
While giving service by confirming Intergroup Reps and those willing to receive and

share the monthly Intergroup Meeting info, I found more opportunities to give useful service. Assisting Monday night Media group to adjust their zoom security setting, which is going to create service opportunities for more of their attendees and lighten the load on others. Over all giving service at Intergroup level has added to my recovery experience and others. I am grateful.

9. Old Business

a. ZOOM

i. Report from Charlie

Each group finds a way to control zoom bombers, combining groups would limit individual meetings to set their security settings. A larger combined effort could cause a larger issue (losing all meetings vs just one being targeted.)

b. Recommit to a zoom committee willing to create detailed directions for sign on and use of the Intergroup zoom meeting. Assist all meetings with their zoom struggles.

Volunteers; Charles, Harriet

10. Group Issues & Feedback Skipped due to time constraints

11. Upcoming Events and Announcements

(a.) Newcomers Meeting online only - First Wednesday of every month.

Next date August 6th - sponsored by Columbia, MD meeting. For more information:

<https://brandywineintergroup.org/events/newcomers-welcome/>

(b.) Brandywine Intergroup's next meeting will be Saturday, August 9th 10:00 am.

The URL for the ZOOM is: <https://us02web.zoom.us/j/86258728739>

Passcode: not required.

Dial-in: +1 646 558 8656 Meeting ID: 862 5872 8739

(c.) Sponsorship Day - Saturday, August 16th 1:00 - 3:00 pm

St. David's Episcopal Church 763 S. Valley Forge Rd. Wayne, PA

For more information:

<https://brandywineintergroup.org/events/sponsorship-celebration/>

For current information on OA events hosted by other intergroups, check our website at <https://brandywineintergroup.org/>

You can also check <https://oaregion7.org/> for events that are posted throughout our region.

(c.) Speaker's Bureau: Contact Carolyn to add or delete your name from the list or to find a speaker for your meeting carolynmcgill@comcast.net).

12. Closing Prayer