

Brandywine Intergroup Meeting Minutes November 8, 2025

Meeting Leader: Kathy K

1. Serenity Prayer

2. Welcome - Introductions

Name	Service
Mike T	Secretary
Harriet	Minute Recorder, Zoom
Ann T.	Treasurer
Pam H.	R7 delegate, Outreach chair, Literature chair
Kathy K.	Rep North Coventry, Blast
Mike H.	Rep Oak Green Tree
Nora S.	Treasurer Apprentice
Shane	Royersford Rep
Mary Frances	Website & Meeting list updates
June D.	12st Step Within/Events Committee
Liz	Rep Downingtown
Noreen	Rep Sat Zoomers, Blast
Nancy M.	Rep West Chester, Events

3. Readings

Tradition of the Month Mike H

Concept of the Month Ann T

Voices of Recovery Mike T

4. Minutes from last meeting Approved

5. 7th Tradition Collection \$0

Intergroup treasurer disburses funds as follows:

50% Brandywine Intergroup, *check by mail PO Box 605, Bryn Mawr, PA 19010-0605

40% World Service Office (WSO) website www.Oa.org

10% to Region 7, website www.OAregion7.org

*Brandywine Intergroup does not have the capability to accept online donations.

(home group treasurer or individuals can send 7th Tradition checks to Brandywine P.O Box for disbursement or disburse as shown above)

6. Officer Reports

(a.) Treasurer – Ann T

Starting Balance: \$10,058.45

Total Income: \$0

Total Expenses: \$150.00 (Region 7 journals)

Ending Balance: \$9,908.45

(b.) Secretary - Mike T. No Report

(c.) Region7 – Pam

The Region 7 assembly voted to set aside \$20,000 to design and maintain R7's website, the assembly voted to donate \$20,000 to World Service and to increase its prudent reserve to \$15,000 to accommodate inflationary economy.

Next assembly in Spring March 14, one day virtual event

We are eligible to be represented by two delegates.

Currently, we only have one delegate.

Consider representing Brandywine Intergroup in March as a representative.

The requirements include 6 months of current abstinence, and adherence to the twelve steps of Overeaters Anonymous.

7th Traditions: Financial Support in Virtual meetings. Even without rent for a virtual room, there are other significant expenses, 7th Tradition donations are important to the continuing function of intergroups and OA at large

International Day of Experiencing Abstinence Workshop: Abstinence versus Plan of Eating Saturday, November 15 9-11am.

Virtual | Zoom ID: 932-509-219 Passcode: serenity

Region 7 Convention next year will be in person in Bethesda, Maryland October 23-25, 2026. Theme: I Put My Hand in Yours-Welcome Home.

World Service plans to upgrade the Find A Meeting section of its website Feb 2026.

World Service is updating its meeting statistics.

Currently there are 346 affiliated intergroups, (1/3 are virtual) and 5833 meetings worldwide (2802 are virtual)

7. Committee Reports HELP IS NEEDED FOR ALL COMMITTEES!!

(a.) Website - Mary Frances

Upcoming Intergroup meeting dates will be added.

Conshohocken meeting updated on meeting list.

All upcoming holiday (Thanksgiving, Christmas, New Year's etc.) meeting changes please submit to Mary Frances

(b.) Twelfth Step Within/Events – June D. Nancy M.

Meeting & Clothing exchange February 22th Time TBD soon (Flyer coming)

Temple Brith Achim synagogue

481 S Gulph Road, King of Prussia

Looking for 2 speakers on the topic body image.

Men's and Women's clothes welcomed.

Drop off clothes ahead of time details to come.

Clothes remaining will be donated to Marians Attic supporting Laurel House

\$5 suggested donation, please don't stay away if you can't pay.

MOTION: Pay \$75 for space approved

(c.) Outreach – Pam No Report

(d.) Literature – Pam

Purchased 32 R7 journals, 27 distributed so some more on hand for sale. Future orders may be easier to get due to agreement to meet ½ way on the drive.

(e.) Blast – Kathy K.

87 people opened the Blast. Lots of link clicking happening.

(f.) Zoom – Harriet

One option for board members who want to open meeting/zoom host is to get approved to access Brandywine gmail. They can then find the code in the email for themselves when their computers need to be approved for access.

8. New Business

a. Change of requirement re: WSO rep. (Tabled till December Intergroup Meeting)

b. Budget

Including proposed 2025-2026 budget

Please take note of changes for the 2025-2026 fiscal year

Please consider spending some time in prayer/meditation on the following:

Currently focused on deciding prudent reserve for Intergroup

Considering R7 scholarships, whether to keep or drop for this year (if kept do we cover 100% or just registration)

9. Old Business

No old business

10. Group Issues & Feedback

None reported due to time constraints

11. Upcoming Events and Announcements

(a.) International Day of Experiencing Abstinence Workshop:

Abstinence versus Plan of Eating

Saturday, November 15 9-11am.

Virtual | Zoom ID: 932-509-219 Passcode: serenity

(b,) “Sparkling Spirituality” - Sunday, December 7th, 3pm-4pm

Bring your favorite OA spiritual reading to share and a flameless candle, greens, or holly to decorate our tables.

Royersford Baptist Church 452 S. Lewis Road Royersford, PA 19468.

Hosted by the Friday meeting of Brandywine Intergroup Contact: Kathy:

nanak976@yahoo.com

(c.) Jan 9th 7pm N. Coventry meeting will be having a Slide show workshop on the difference between Abstinence and Plan of Eating

N. Coventry is zoom only

Zoom ID: 87611179394

PC: 531374

(d.) The next Brandywine Intergroup meeting will be on Saturday, Dec 13, 2025 at 10:00 am. The URL for the ZOOM is: <https://us02web.zoom.us/j/86258728739>
Passcode: not required.
Dial-in: +1 646 558 8656 Meeting ID: 862 5872 8739

(e.) For current information on OA events hosted by other intergroups, check our website at <https://brandywineintergroup.org/> You can also check <https://oaregion7.org/> for events that are posted throughout our region.

(f.) Speaker's Bureau: Contact Carolyn to add or delete your name from the list or to find a speaker for your meeting carolynmcgill@comcast.net).

12. Closing Prayer